The antebiramous Acanthomateria in the Lower Triassic of England, France, and Germany has been described by various authors. The first detailed account of the group was provided by the work of H. M. Seeley in the 1860s. Seeley's observations were based on a series of specimens collected from the Wiltshire area of England. He recognized two distinct forms: Acanthomateria dilatata and Acanthomateria convoluta. Seeley's work was followed by further studies by other scientists, including E. S. Seeley and J. W. Seeley, who contributed to the understanding of the morphology and distribution of these antebiramous forms.
A review of the literature finds that young people's mental health is influenced by many factors, including social, economic, and environmental conditions. The importance of mental health is increasingly recognized in today's society, and initiatives are being taken to address this issue. The impact of mental health on personal, social, and economic well-being is significant. Therefore, it is crucial to understand and address the factors that contribute to mental health problems in young people.

Keywords: Mental Health, Young People, Factors, Impact, Well-being.